



Sermon Notes

Psalm 37:1-7, Mark 5: 42-50 | October 11th

Outline

God _____ Peace

You _____ Peace

Then we _____ Peace

Cited Passages: Psalm 37:1-7, John 14:27, Isaiah 2:4, Isaiah
11:6-7, Romans 5:1, Mark 9:43-50, Ephesians 4:2-3

How many of your neighbors can you name?

When was the last time you felt really at peace? Where were you, and what made it that way?

The sermon described two kinds of peace the world offers: “enforced peace” (keeping order through power or threat) and “separated peace” (you leave me alone, I’ll leave you alone). Where do you see each of those in everyday life, at work, online, or at home?

Read John 14:27. Jesus says, “I do not give to you as the world gives.” In your own words, what’s the difference?

Many of us assume peace works from the outside in: once things around me settle down, I’ll be at peace. Where do you find yourself waiting on circumstances to change before you can feel settled?

Read Psalm 37:1–8. What tends to make you “fret”? The psalm gives several alternatives: trust, delight, commit, be still, wait. Which of those comes hardest for you, and why?

What’s one simple habit that helps you cultivate peace, like prayer, time in Scripture, a walk, or putting your phone down? Has it slipped lately?

Romans 5:1 says we have peace with God through Jesus, not through our own effort. Why does it matter that God plants peace before we try to make peace with anyone else?

Read Mark 9:43–50. Jesus uses strong language about cutting off whatever causes us to stumble, then ends with “be at peace with each other.” Why do you think he connects what’s going on inside us with peace between us?

When someone around you isn’t at their best, maybe short-tempered, distracted, or difficult, what’s your usual first reaction: push back, pull away, or bear with them?

IN RESPONSE TO HIS WORD, WHAT IS THE NEXT STEP GOD IS CALLING YOU TO?

WHO ARE THE PEOPLE THAT WOULD BE MOST IMPACTED IF YOU APPLIED THIS MESSAGE?

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