

WHAT'S ONE THING YOU ARE GOING TO PRAY ABOUT
BASED ON THE SERMON?

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IN RESPONSE TO HIS WORD, WHAT IS THE NEXT
STEP GOD IS CALLING YOU TO?

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WHO ARE THE PEOPLE THAT WOULD BE MOST
IMPACTED IF YOU APPLIED THIS MESSAGE?

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Sermon Notes

1 Samuel 2:12-17 | Sept 22nd

Outline

Gluttony is a perspective about food that leads us

Gluttony is _____, but _____ is a _____

Gluttony _____ the _____ over the _____

Gluttony _____ loving _____ and Loving

When we _____ and _____ we eat with
open eyes

What's the one thing you need to start doing - or
stop doing - with food that would most honor God
and benefit others?

Other Passages referenced: Genesis 2:8-9, 16-17,
Matthew 22:34-40, Acts 14:17, 1 Corinthians
10:23-31

What does the sermon say about food's original purpose according to the Bible?

According to the sermon, How is fasting portrayed in the book of Acts generally?

In Acts 14, how does Paul describe God's provision to the people of Lystra?

In what ways do you see gluttony manifesting in your own life or in society around you?

How can we cultivate gratitude for our food and those who provide it ?

What are some practical ways to shift our focus from the "gift" (food) to the "giver" (God) in our eating habits?

How might understanding food as a reminder of God's love change your approach to meals?

In what situations do you find yourself turning to food instead of prayer? How can you change this habit?

How might fasting help you become more aware of your dependence on God?

What role does community play in our eating habits? How can we use meals to strengthen our relationships and faith?

Do you treat Sundays like feast days or like drive through days? How would you change that?

Digging Deeper

Read 1 Corinthians 10:23-31

Paul says, "I have the right to do anything, but not everything is beneficial." How does this principle apply to our eating habits? In what ways might our freedom with food choices become detrimental to our spiritual health or our relationships with others?

The passage emphasizes considering others in our eating choices. How does this relate to the sermon's point about gluttony undermining our love for others? Can you think of practical ways we can consider others in our food choices and consumption?

Verse 31 states, "So whether you eat or drink or whatever you do, do it all for the glory of God." How does this verse challenge or expand upon the sermon's discussion of fasting and feasting? What might it look like to eat and drink "for the glory of God" in our daily lives?